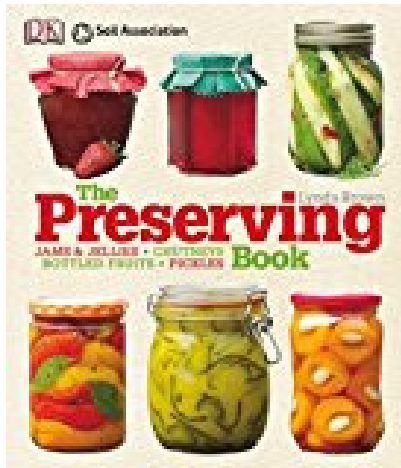


The Preserving Book



BOOK DETAILS

- Author : Dk
- Pages : 352 Pages
- Publisher : Dorling Kindersley Publishers Ltd
- Language : English
- ISBN : 1405359854

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BOOK SYNOPSIS

Take a tantalising food journey with the Soil Association and find out how to create your own delicious preserves with less sugar and no nasty additives. From luscious jams and jellies to savoury confits and salamis, discover how to preserve your wonderful fresh produce and create a wealth of fabulous preserves using the very best natural ingredients. From plot to plate, 45 essential techniques are covered, from salting and curing to preserving in oil, and easy-to-follow step-by-steps show you exactly what to do. With information on recommended equipment and over 200 delicious recipes based on traditional techniques, learn to preserve your gluts in produce and stock up your store cupboard for the whole year.

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