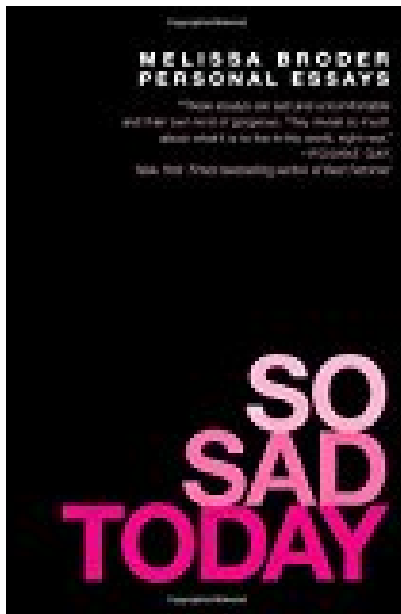


# So Sad Today Personal Essays

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## BOOK DETAILS

- Author : Melissa Broder
- Pages : 224 Pages
- Publisher : Grand Central Publishing
- Language : English
- ISBN : 1455562726

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## BOOK SYNOPSIS

"These essays are sad and uncomfortable and their own kind of gorgeous. They reveal so much about what it is to live in this world, right now." --Roxane Gay, New York Times bestselling author of *Bad Feminist* From acclaimed poet and creator of the popular Twitter account @sosadtoday comes a darkly funny and brutally honest collection of essays. Melissa Broder always struggled with anxiety. In the fall of 2012, she went through a harrowing cycle of panic attacks and dread that wouldn't abate for months. So she began @sosadtoday, an anonymous Twitter feed that allowed her to express her darkest feelings, and which quickly gained a dedicated following. In *SO SAD TODAY*, Broder delves deeper into the existential themes she explores on Twitter, grappling with sex, death, love, low self-esteem, addiction, and the drama of waiting for the universe to text you back. With insights as sharp as her humor, Broder explores--in prose that is both ballsy and beautiful, aggressively colloquial and achingly poetic--questions most of us are afraid to even acknowledge, let alone answer, in order to discover what it really means to be a person in this modern world.

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